



ARKANSAS
Substance Abuse
Certification Board

Counselor in training (CIT) scope of practice

The scope of practice for a Counselor in Training, registered as such with the Arkansas Substance Abuse Certification Board is as follows. All functions are to be performed while supervised by an ASACB certified clinical supervisor or master – level or above counselor.

1. To assist the client in gaining insight and motivation aimed at resolving problems related to the use of alcohol and/or drugs.
2. To assist the client in evaluating his/her usage of alcohol and/or drugs, and in recognizing the abuse or addiction.
3. To provide professional guidance, assistance, and support to the client in his/her efforts to develop and/or maintain a responsible and functional lifestyle.
4. To recognize problems beyond the scope of the counselor's training, and to be willing to refer the client for other appropriate professional services.
5. To provide all of the above professional services as needed to clients spouse, family, and employer.
6. a CIT is able to do what is outlined in the TAP 21 while under the supervision of a Certified Clinical Supervisor (CCS) or master – level or counselor (AADC, LADAC, LPC, LMSW, LCSW, etc.), consistent with ASACB's standards for non-practicum supervision.